

## **ELDER-FRIENDLY PRACTICES CHECKLIST**

- $\checkmark$ You should have accessible parking for persons with disabilities.
- $\checkmark$ Your office should be easily located; large signs will help guide clients to your door.
- $\checkmark$ Exterior and interior doors should be wide enough to permit wheelchairs or walkers to pass through easily.
- $\checkmark$ Doors should not be hard to open, nor should they close with too much force.
- $\checkmark$ Elevators should be well lit with buttons that are clearly marked and accessible to people with vision limitations.
- $\checkmark$ Once inside your office, your clients should find comfortable seating that is easy to get into and out of. Hard chairs with arm rests are best.
- $\checkmark$ Have a place for accessibility and mobility devices – a place to put canes and a place to park scooters or walkers.
- Your client may be sensitive to excessive heat or cold. Be prepared to adjust the room  $\mathbf{V}$ temperature to make your clients more comfortable.
- $\checkmark$ Make sure the meeting rooms are well lit and free from glare.
- $\checkmark$ Many elderly clients may have hearing issues. Turn off any music, lower the speed of the fans and reduce other sources of background noise.
- $\checkmark$ Restrooms should be as accessible as the rest of the office. Handrails and wide stalls are preferred.
- $\mathbf{V}$ Make sure that any documents you provide to your clients are easy to read. Printing them in large type with wide space formatting will help.
- $\checkmark$ Use PowerPoint projection on a screen or wall, and provide handouts.
- $\checkmark$ Use flow charts and images to help convey information.



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